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**CLUB TALK**

15th May 2023 - 15th June 2023





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## A NOTE BY THE SECRETARY



Dear Members,

As we head into the summer with excitement of school holidays, the club is all geared up with summer coaching camps for basketball & swimming.

In the past month, all the old chairs of the club have been replaced with new more comfortable chairs which are easy to maintain and more durable.

Baisakhi Mini Bumper Tambola was organised on 15th April after which Swimming Competition was organised with around 90 Participants. On same day Floodlit Volleyball Tournament was organised.

YC Squash Tournament was organised from 21st to 26th April with thrill & excitement.

After the immense success of Season 1, we are thrilled to announce Moira YC Floodlit Tennis Ball Cricket Tournament - Season 2 from 18th to 26th May, 2023.

On the 27th of May the most awaited Bumper Tambola will be organised by the club so be sure to be there. The Annual Prize Distribution will be held on 4th June.

To see the summer through for youth, we will be organising a Fun Poker Tournament on 11th June, 2023.

I am sure, you are enjoying the Club activities and programs.

If you have any suggestions or feedback, please mail us at [yeshwantclub@gmail.com](mailto:yeshwantclub@gmail.com)

With Regards,  
**SANJAY GORANI**  
Hon. Secretary

### MANAGING COMMITTEE

**MANJIT SACHDEVA**  
Chairman

**SANJAY GORANI**  
Hon. Secretary

**ATUL SHETH**  
Hon. Jt. Secretary

**CA ADITYA UPADHYAY**  
Hon. Treasurer

### MEMBERS

**SANDEEP JAIN ■ RUPAL PAREKH ■ VIPIN KOOLWAL ■ ANIMESH SONI ■ NITESH DANI**

### MAGAZINE SUB-COMMITTEE

**COMMITTEE HEAD** - RUPAL PAREKH **CONVENOR** - ABHISHEK NANDEDKAR **CO-CONVENOR** - ANNAL JAIN  
Members **PREETI DAVE** **AAKANSHA SHARMA KUTUMBALE** **DIVYA BHONSALE**



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NOTE**

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# Baisakhi Mini Bumper Tambola

15<sup>th</sup> April 2023



Baisakhi Mini Bumper Tambola was organised to cherish & celebrate the auspicious occasion of Baisakhi!





# Baisakhi Mini Bumper Tambola

15<sup>th</sup> April 2023

Tambola was a super success bringing excitement & joy to the winners.





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# Y.C. SWIMMING COMPETITION

**16<sup>th</sup> April 2023**

With over 90 Participants, swimming competition was organised by the Club and was a thrilling event for both participants and the spectators.





# Y.C. SWIMMING COMPETITION

**16<sup>th</sup> April 2023**



Many different swimming races took place such as freestyle, backstroke, breaststroke. Members of all ages participated in the swimming competition.





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### GAURVI LOUNGANI

University of Massachusetts, Dartmouth, USA - Chancellor's Scholarship, International Scholarship and UMassD Global Award- Total of \$ 14,500.00 per year. 2. UMass Amherst, USA - Chancellor's Award in the amount of \$16,000 per academic year. 3. Stony Brook University SUNY, USA Roger Williams University - Scholarship of \$116,000 - total of four-year award. 4. University of Sydney, Australia. 5. Flame, Pune, India. 6. Krea, Sriity, India. 7. University of Connecticut, Global Distinction scholarship of US \$ 40,000. 8. University of San Francisco, Scholarship total value of \$116,000



### ISHAAN MIRCHANDANI

1. Pace University (New York campus) President Scholarship with the amount of \$18,000 per year - Total \$72,000



### Kartik Saraswat

1. University College Cork: 25% off on tuition fees per year (Reduced from 23k euros to 17.25k euros)  
2. University College Dublin: Merit Based Scholarship of 4000 euros



### ANUJ BIHANI

1. Iowa State University  
2. University Of San Francisco  
3. Michigan State University  
4. The University Of Utah  
5. University Of Cincinnati  
6. University Of Illinois Chicago



### RUANA AHUJA

1. VIT Vallore for B. Tech. CS.  
2. UMass Boston  
3. Stony Brook University  
4. Arizona State University  
5. University of Utah  
6. Connecticut University



### SANJANA MENGHANI

1. Acceptance from the Eugene Lang college of liberal arts at The New School in New York. 2. Acceptance to the Bachelor's-Master's program. Salisbury university. 3. Goucher college. 22,000 per year merit based scholarship. 4. UMass Boston



### SATYA KARI

Acceptance from University of Massachusetts at Boston

### SHAARANYA GARG

Acceptance from Case Western Reserve University with Scholarship of \$15000, applicable for upto 8 semesters.

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# **Y.C. Flood-lit Volleyball Tournament**

**16<sup>th</sup> April 2023**



Flood lit Volleyball tournament was organised by the club with 5 teams participating. The event was sponsored by Swan Invest.





# Y.C. Flood-lit Volleyball Tournament

16<sup>th</sup> April 2023

Winner - White  
Tigers

Runner up - Orange  
Avengers



**Y.C. SQUASH  
TOURNAMENT**  
21<sup>st</sup> - 27<sup>th</sup> April 2023

The tournament was exciting & thrilling with some breathtaking close matches, it will be remembered for times to come.





# Y.C. SQUASH TOURNAMENT

21<sup>st</sup> - 27<sup>th</sup> April 2023

The most exciting YC Squash Tournament took place with over 32 participants spreading over seven days.



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**COACHING  
CAMPS**  
1<sup>st</sup>-30<sup>th</sup> May 2023



# Coaching Camp

**1st May - 30th May 2023**

Venue - YC Basketball Court

**By Coach : Mr. Deependra  
Singh Chouhan**  
Mobile (7566005520)

**05.00pm - 06.00pm**  
**06.00pm - 07.00pm**  
Forms available at Club Reception  
Fees : Rs. 500/-  
per person

# SWIMMING COACHING CAMP

**1st May to 31st May, 2023**

By Mr. B.B. Kasbe (National Coach)  
(General & children above 5 years)

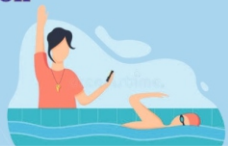


Time  
Beginner - 04.00pm to 04.45 pm  
Advance - 05.00 pm to 06.00 pm

Entry Rs. 800/-  
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Entry forms  
available at the  
Club Reception







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Photo Credit Suptaru Manna

## *My Visit to* **Valley of Flowers & Hemkund Shahib (Uttarakhand, India)**

Written by -  
Mrs. Aakansha  
Sharma Kutumbale

Valley of Flowers is known as Indra Dev's garden “NanadanKanan” or Heaven's garden. It has always been a known place to the mountain dwelling people. For the outside world, it was explored by 3 British mountaineers in 1931 who were coming from successful expedition to Mt. Kamet and had lost their way to end up in the Valley. It was declared a National Park in 1982 and a World Heritage site in 2005.

No camping is allowed in the Valley. This is a 10 km long and 1 km wide valley, where Hemkund Sahib is one of the most popular places of pilgrimage for Sikhs in India. It has a sacred lake (Hem-Snow, Kund-lake) and a Gurudwara. It is said that Guru Govind Singhji did tapasya on this site for several years. This lake is surrounded by 7 mountains.

I will recount my experiences of the visit to Valley of flowers and Hemkund Sahib. The total duration of this visit was of 5 days and started from Govindghat.

Let me describe the journey day wise.

### **Day 1: Dehradun to Govindghat**

Total distance: Around 300 kms, Time taken: 10 to 11 hours by vehicle, Altitude at Govindghat: 6300 ft.

Govindghat is on Rishikesh-Badrinath highway and on the route of Chaar Dhaam Yatra. So, there is a possibility of getting high traffic volume on road. On the way one passes through Devprayag, Shrinagar, Rudrprayag and Joshimath. One travels along Ganga river from Haridwar till Devprayag. Devprayag is the confluence point of river Ganga (Bhagirathi) and river Alaknanda. After Devprayag the road goes along the south bank of Alaknanda river till Govindghat.

We reached late in the evening at Govindghat and stayed overnight there.

### **Day 2: Govindghat to Ghangria**

Total distance: 13 km, Drive to Poolna: 4 km, Trek to Ghangria: 9 km, Altitude at Ghangria: 9600 ft.

Next day we started early in the morning and after a short walk from Govindghat reached a counter where we got permit and ID with our picture.



This ID was to be kept with us throughout the trek. After collecting the ID we sat in a jeep and it dropped us at a point from where we started our trek to Ghangria. There was a river known as Laxman Ganga which was on our right side during most of the trek.

We reached Ghangria in the evening. Ghangria village was quite busy and populated with many shops, restaurants. Some shops were of books, handicrafts. There was a famous Gurudwara in this village known as “GovindDham” where anybody can stay and is served food for free. Ghangria is the base village for Valley of Flowers as well as Hemkund Sahib and so all tourists/trekkers coming from Govindghat halt here before proceeding. There are many options to stay.

### Day 3: Ghangria to Valley of Flowers to Ghangria

Total distance: 4 + 4 = 8 km, Altitude at Valley of Flowers: 11500 ft

We started our trek to Valley of flowers from Ghangria in the morning. We were to return to Ghangria by evening. From Ghangria one road goes onward to the Valley of flowers and the other to Hemkund Sahib. We turned left on the way to Valley of flowers. There was a check post just before the start of trek to Valley, where one needs to show ID and register. After crossing the check post the valley comes into view. The view from there was stunning. Throughout, the way was scenic. It was a very wide and long valley, covered with flowers and the clouds above made it feel like heaven.

Inside the valley, is a grave of Margrett Leggi, which is around 2 kms from the starting of the valley. Leggi was a botanist from England and was doing research on the flower species in the Valley. One day, while in the Valley, she slipped and fell into deep gorge and died. After few years her sister came here and made her grave. The Valley has a large variety of flora. Hundreds of species of flowers can be found here. As one goes deep in the valley the flowers change. In different months of Spring, one gets to see different varieties of flowers. We came down to Ghangria by evening.

**How to reach the Valley:** This place is in Chamoli district of Uttarakhand. One can take a cab or bus from Dehradun. Dehradun is very well connected to Delhi and other major states on India by Air, train, and Road.

**Best season to visit Valley:** One can visit from June to October but to see the Valley blooming with flowers mid-July to mid-August is the best season.

That was about my visit to Valley of Flowers. I will cover Hemkund Shahib in the subsequent article.

*Thank you for reading. I hope it was a good read!*



Photo Credit Suptaru Manna

# Making Memories Over Meals: A Dining Experience at Yeshwant Club

Written by - Mr. Annal Jain

Dining out is always a delightful experience, especially when you're surrounded by good company and delectable food. At Yeshwant Club, members enjoy their leisure time after playing various sports, and they make the most of their relaxation time by enjoying the company of their friends over a good meal.

Yeshwant Club has two different restaurants: an open-air restaurant, and an indoor restaurant. Both restaurants offer an excellent dining experience, but they have their own unique charm.

The open-air restaurant is situated in a lively outdoor setting where members can enjoy their meals amidst a green and refreshing environment along with the view of passionate players giving their best shots in the Tennis court. This restaurant area is particularly lively during night time, especially on weekdays and during live events. The ambience is soothing and perfect for having a good time with friends and family. Members love to sit outside, breathe fresh air, and have their meals under the open sky. They relish the moment and create lasting memories, enjoying the delicious food, and sipping on their favourite beverages.

On the other hand, the indoor restaurant offers a completely different ambience. It's a peaceful and serene environment that makes for a perfect spot to have a meal in. The restaurant has a cozy and elegant interior with a warm atmosphere that relaxes the mind and soul. Members enjoy the calmness of the environment and often come here for a quieter dining experience.

One of the most enjoyable aspects of dining at these restaurants is the opportunity to meet new people and make friends. The friendly atmosphere of both restaurants encourages people to socialize and connect with others. The club members have formed an emotional connection with the place and the people they meet there, making it a special spot for them. They also have the option of getting quick snacks from the canopy area outlets and have a full meal in both the restaurants.

Dining in both restaurants is an enthralling experience that caters to different moods and occasions. These restaurants have become an integral part of the members' lives, and they continue to create fond memories with every visit.







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# Sakura

Compiled by –Mrs. Preeti Dave



## Beautiful Types of Cherry Blossom Trees



The blossom of the *Prunus serrulata* cherry tree, known as Sakura in Japanese, is one of the most important cultural and national symbol of Japan. All species of the *Prunus* genus produce some kind of fruit, but most, including the Japanese Sakura cherry, are not very tasty. Instead, this species' main claim to fame is its beautiful blossom. In late March, the trees explode with beautiful white and pink blossoms all at the same time.

These flowers only last for a few weeks, until sometime in the beginning of May. And this is exactly why they are such an important symbol in Japan. They represent the temporary and ephemeral nature of life. They are beautiful and vibrant, like life, but they only last a short time. In this way, they symbolize mortality.

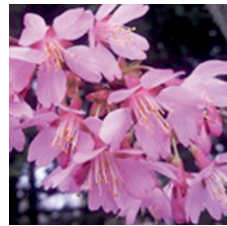
Types of Cherry Blossom Trees - Double Weeping Cherry Tree (*Prunus x subhirtella* 'Endula Plena Rosea') have graceful drooping growth habit between 15 and 25 ft, with double pink flowers.



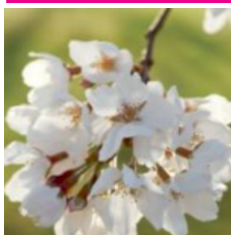
The cascading branches burst into bloom in mid-spring



**Yoshino Cherry (*Prunus x Vedoensis*)** - Habit: a round topped, wide spreading tree that reaches 30 to 50 feet Flowers: white, single in clusters of 2 to 5, and almond-scented. History: This hybrid cherry of unknown Japanese origin was first noticed in Tokyo about 1872 and is now one of the favourite cultivated trees of Japan.



**Okame Cherry (*Prunus x "Okame"*)** - Habit: Upright tree to 25 ft. with a 20 ft. spread. Flowers: semi-double, pink. The earliest flowering cherry.



**Usuzumi Cherry (*Prunus Spachiana f. ascendens*)** - Habit: tree to 40 ft. with a round, gracefully ascending crown. Flowers: single, white, turning to grey. History: The trees in West Potomac Park are propagations from the 1,400+ year old Usuzumi tree and was declared a National Treasure of Japan in 1922.





**Kwanzan Cherry (*Prunus Serrulata* "Kwanzan")** - Habit: an upright-spreading tree to 30 feet, with a rounded crown and stiff ascending branches. Flowers: double, with about 30 petals, in pendulous clusters of 3 to 5, sometimes more, clear pink and fading but small, up to 2½ inches across.



**Takesimensis Cherry (*Prunus Takesimensis*)** Flowers: white, in large clusters with short pedicels. History: This species is known to grow in wet locations in its native habitat.



**Akebono Cherry (*Prunus x Yedoensis*)** Habit: a round topped, wide spreading tree that can reach 30 to 50 feet. Flowers: single, pale pink that fade to white, in clusters of 2 to 5.



**Shirofugen Cherry (*Prunus Serulata*)** Habit: a flat topped, wide spreading tree to 20-25 ft. Flowers: double, in large clusters, white when open aging to pink.



**Autumn Flowering Cherry (*Prunus subhirtella* var. *autumnalis*)** Habit: an upright rounded tree to 25-30 ft. with a 15-20 ft. spread. Flowers: semi-double, pink. During warm periods in the fall and winter months they will open sporadically and then fully flower the following spring.



**Sargent Cherry (*Prunus Sargentii*)** Habit: Upright to 40-50 ft. with spreading branches approximately equal to height. Flowers: single, deep pink, in clusters.

Japanese cherry blossoms are a timeless metaphor for human existence. Blooming season is powerful, glorious and intoxicating, but tragically short-lived - a visual reminder that our lives, too, are fleeting.



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## “Indian Army Artillery - In Women's Hands!

Written by - Mr. Abhishek Nandedkar

Long gone are the days when women were only shown holding a Belan or Broom. On 29th April 23 these powerful women will be handling one of the world's most feared units - The Indian Artillery Regiments. It's a historic day for India as the Indian Army has inducted five women officers into its Regiment of Artillery, and three of them have been posted to frontline formations along the Line of Actual Control (LAC) with China, military sources said on Saturday. Lt. Mehak Saini, Lt. Sakshi Dubey, Lt. Aditi Yadav, Lt. Pious Mudgil, and Lt. Akanksha have joined the Army's premier artillery units after successfully completing their training at the Officers Training Academy (OTA) in Chennai. Lt. Saini has been commissioned into a SATA regiment, Lt. Dubey and Lt. Yadav into field regiments, Lt. Mudgil into a medium regiment, and Lt. Akanksha has been inducted into a rocket regiment. No wonder the Indian Army is getting better every day. In another honorable mention, Lt. Rekha Singh, the widow of Naik Deepak Singh, one of the 20 brave soldiers killed in a skirmish with the Chinese People's Liberation Army (PLA) in Galwan Valley in June 2020, was commissioned into the Indian Army as a lieutenant on 29th April and is set to join a unit deployed in eastern Ladakh, where India and China have been locked in a standoff for almost three years.



Stay tuned for more defense news!"





# वंदे भारत

भारत में एक नए  
युग की शुरुआत

लेखक – अभिषेक नांदेडकर



२००० के दशक में जब भी हम विदेश यात्रा पर जाते थे तो वहाँ की अबोहवा में खो जाते थे। ख़ास कर विदेश की सड़के, ट्रेनें और हरियाली – सब मंत्रमुग्ध कर देता था। मगर आज उन्हीं विदेशी हंस जैसी ट्रेनों को अपने भारत में देखना एक सपने जैसा ही है।



वंदे भारत एक्सप्रेस, जिसे पहले ट्रेन १८ के नाम से जाना जाता था, एक भारतीय अर्ध-हाई स्पीड ट्रेन है जो भारत की पहली बिना इंजन की ट्रेन है। यह पूरी तरह से भारत में डिजाइन्ड और निर्मित होने वाली पहली ट्रेन भी है।



१५ फरवरी २०१६ को भारत के प्रधानमंत्री श्री नरेंद्र मोदी जी ने वंदे भारत एक्सप्रेस को हरी झंडी दिखा कर इसे देश को समर्पित किया था।



अब देशभर में १४ वंदे भारत एक्सप्रेस चल रही हैं। १८ किलोमीटर प्रति घंटे की रफ्तार से चलने वाली इस ट्रेन में वाईफ़ाई, स्मार्ट कोच सहित कई खूबियाँ हैं। भारत सरकार साल २०२३ के अंत तक ८५ ट्रेनें को पूरे भारत में दौड़ाने का लक्ष्य रखती है।

इस ट्रेन में १६कोच लगे हैं जिनमें एयरलाइन जैसी सीटें एवं सुविधाएँ हैं। वंदे भारत एक्सप्रेस का निर्माण 'मेक इन इण्डिया' के तहत हुआ है और एक ट्रेन को बनाने में लगभग १० करोड़ रुपए की लागत आती है।

सच में वन्दे भारत एक नए भारत का छोटा-सा आगाज़ है।

वंदे भारत, वन्दे मातरम् ॥



# FOOTBALLING IN YC

Written by Mr. Anjal Jain

As Ronaldinho once said "I learned all about life with a ball at my feet."

Football, also known as soccer in some parts of the world, is the most popular sport in the world, with an estimated 4 billion fans worldwide. It is a game played between two teams of eleven players each, with the objective of scoring more goals than the other team.

Playing football in Yeshwant Club can be a highly rewarding experience. It not only provides an opportunity for physical exercise but also helps develop teamwork, communication, and leadership skills. Being a part of a team teaches players how to work together towards a common goal and how to support and motivate each other.

Apart from the physical and social benefits, playing football also has psychological benefits. It can help reduce stress, anxiety, and depression by providing an outlet for emotional release and improving mood. Additionally, football requires quick thinking, decision-making, and strategic planning, which can enhance cognitive function and mental agility.

Football has a rich and fascinating history. The origins of the game can be traced back to ancient civilizations such as China, Greece, and Rome, where games involving kicking a ball were played. However, the modern version of the game that we know today was developed in England in the mid-19th century.

Football quickly gained popularity and spread across the globe, becoming a beloved sport in many countries. The first-ever international football match was played between Scotland and England in 1872, and the first-ever football World Cup was held in Uruguay in 1930.

Over the years, many legendary football players have emerged, each with their unique style and technique. Some of the most famous players include Pelé, Diego Maradona, Lionel Messi, Cristiano Ronaldo, and Neymar Jr.

Pelé is widely regarded as one of the greatest football players of all time. He scored over 1000 career goals and won three World Cups with the Brazilian national team. Maradona is another football legend who led Argentina to victory in the 1986 World Cup, famously scoring the "Hand of God" goal.

Messi and Ronaldo are two of the most famous players of the current generation. Messi has won multiple Ballon d'Or awards and led Barcelona to numerous victories, while Ronaldo has won multiple Champions League titles with different clubs and led Portugal to victory in the Euro 2016 tournament.

Football is a sport with a rich and fascinating history that has captured the hearts of millions of fans worldwide. The sport has produced many legendary players over the years, and its popularity shows no signs of waning anytime soon.

Committee In-charge- Mr. Animesh Soni

Convener- Mr. Nikhil Wagle

Co- Convener- Mr. Deepan Goyal & Raghav Sachdeva





# MANGO MAGIC!

Written by - Mr. Abhishek Nandedkar

## आम पन्ना और केरी झोलीया

Aam Panha also known as summer drink of India which is renowned for its cooling properties. It is made from unripe mangoes and is yellow to light green in color, and is consumed to fight against the intense Indian summer heat. Mint leaves are often added to the drink, enhancing its green color. Mango is the National Fruit of India & Some of the major health benefits of having Aam Panna are that it helps in dealing with constipation issues, heals blood disorders, improves the quality of the skin as well as the health of the eyes. Aam Panna reduces depression, prevents dehydration It's a vegan and gluten-free cooling drink made with green mango pulp, sugar, spices, and mint leaves.



### INSTRUCTIONS

- Rinse the mangoes nicely in water. Peel the skin of the mangoes.
- Pressure cook the mangoes over medium heat for 2 – 3 whistles along with water. Let the steam release naturally from the pressure cooker.
- You can do the same in an instant pot as well. Cook mangoes in pressure cook mode for 5 – 6 minutes.
- Open the lid and transfer the boiled mango pulp along with water in a bowl. Squeeze the mangoes to collect the pulp. Remove the stone, if any, in the mangoes. Allow the mango pulp to cool.
- Blend together the mango pulp, sugar, salt, spices, and mint until smooth. Taste and adjust the amount of sugar and spices accordingly.
- You can store the aam panna concentrate in the fridge in a clean bottle for a month.
- To serve, add  $\frac{1}{4}$  cup aam panna concentrate in each glass. Add ice-cubes and fill the glass with chilled water. Stir to combine nicely.
- Garnish with fresh mint leaves. Serve aam panna chilled

**FORTHCOMING  
EVENTS**

**BUMPER  
TAMBOLA**

Time - 8.30pm onwards

**Saturday,  
27th  
May 2023**

**MOIRA YC  
FLOODLIT TENNIS  
BALL CRICKET  
TOURNAMENT  
SEASON 2**

**18th - 26th  
May 2023**

**FUN POKER  
TOURNAMENT**

11.00am onwards

For further details,  
please see  
Club's notice board.  
The Yeshwant Club,  
Indore

**Sunday,  
11th  
June 2023**

**ANNUAL  
PRIZE  
DISTRIBUTION**

Time - 5.00 pm onwards

**Sunday,  
4th  
June 2023**



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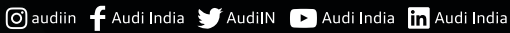
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